



# さいたま暮らしの情報誌

Information for Living in Saitama City  
Folleto de Información de Vida en Saitama  
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## し みんせいいいん じどういいん 知っていますか？民生委員・児童委員

Did you know about our welfare and child-care consultation services?

¿Sabe usted sobre "Minsei-iin" y "Zhido-iin"?

## こま とき だれ そうだん 困った時はどこへ、誰に相談したらいいの？

- When there's a problem, where do I go? Who do I talk to?
- ¿A quién y dónde puedo consultar cuando me surja un problema?

### こうれいしゃ かいご そうだん 高齢者の介護の相談

- Consultation on care for the elderly
- Quiero consultar sobre la asistencia para los ancianos



### しゅっさん こそだ 出産・子育てについて

- Childbirth and care
- Quiero consultar sobre el parto o la crianza de los hijos.

### しおがいしゃ そうだん 障害者の相談

- Disability consultation.
- Quiero consultar sobre una persona con discapacidad.

### せいかつ こま 生活の困りごと

- Trouble in your life.
- Quiero consultar sobre problemas en la vida cotidiana.

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## About our welfare and child-care counselors

— Who are our counselors? —



- A part-time local government employee commissioned by the Minister of Health, Labor and Welfare.
- About 1,400 counselors are active in our city.
- We also have counselors who specialize in issues related to children.

— About counselor activities —

(Counselors are obligated to maintain the confidentiality of your personal information and consultation content, so you can feel at ease consulting with them.)

<For example...>

- Checking on the elderly.
- Counseling on medical and nursing care, child-rearing and other daily life concerns.
- Reporting if there is a household being checked upon that is in need of assistance.
- Connecting those in need of support with the appropriate services.

Households that include persons who are elderly, disabled, on a low-income, or children.



welfare / child-care counselor, children's specialist.



Relevant organizations: City, Ward, Social Welfare Council, Child Consultation Center, School, etc.

If you wish to consult with a local welfare/child-care counselor, please first visit the welfare section of your ward, and we will introduce you to a counselor working in your area.

※Depending on the content of the consultation, we may direct you to other services.